FINAL ANNOUNCEMENT

HYPERTENSION 2019:
GLOBAL RISK MANAGEMENT IN HYPERTENSION

FEBRUARY 22 - 24, 2019

SHERATON GRAND GANDARIA CITY HOTEL JAKARTA

Sekretariat InaSH
InaSH House, Jl. Danau Diatas No.81,
Bendungan Hilir, Jakarta Pusat 10210
Phone: (62-21) 573.4978
Email: inash@inash.or.id
Dear Colleagues and Friends

Indonesian Society of Hypertension (InaSH) extends a hearty welcome to all delegates and participants to attend the 13th Annual Scientific Meeting of the Indonesian Society of Hypertension (InaSH) to be held in capital of Indonesia, Jakarta from February 22 to 24, 2019.

Scientific sessions is at the very forefront of the Indonesian Society of Hypertension’s mission to build healthier lives free of cardiovascular disease through our front medical sevices. As our scientific meeting theme this year is

HYPERTENSION 2019: GLOBAL RISK MANAGEMENT IN HYPERTENSION

Its reflects the increasing priority to better integrate patient care, not only in the hospital but also across primary and long-term care settings.

In addition, the Oral Paper and Poster Competitions will provide an excellent platform for our young colleagues to present their latest research findings, which we will hear about at the meeting.

We also provide a “trigger quiz” for our general practitioners to elevate their knowledge specially related to hypertension and its problems.

For those whose going to know indepth hypertension related to cardiovascular; nephrology and neurology we also have a workshop in three different classes for each knowledge.

For these reasons and many more, I hope you’ll join us in Jakarta next February 2019 and looking forward to welcoming your active contribution to what we know will be a lively and outstanding meeting.

Best Regards,

Djoko Wibisono, MD
Ekawatidani Yulianti, MD
Suhardjono, MD, PhD
Tunggul D. Situmorang, MD
Erwinanto, MD

Chairperson
Vice Chairperson
Scientific Committee
President
Vice President

Chairperson
The 13th Scientific Meeting of InaSH
The 13th Scientific Meeting of InaSH
The 13th Scientific Meeting of InaSH
Indonesian Society of Hypertension
Indonesian Society of Hypertension
Patrons
President of Indonesian Society of Hypertension
President of Indonesian Heart Association
President of Indonesian Neurological Association
President of Indonesian Society of Nephrology

Organizing Committee
Chairman                     Djoko Wibisono, MD
Co-chairman                  Ekawati Dani Yulianti, MD
Secretary                    Ni Made Hustrini, MD
Treasurer                    Rarsari Soerarso Pratikto, MD
                            Ekawatidani Yulianti, MD

Scientific committee
Chairman                     Suhardjono, MD
Secretary                    Ni Made Hustrini, MD
Members                      Arieska Ann Soenarta, MD
                            Nani Hersunarti, MD
                            Santoso Karo Karo, MD
                            Antonia Anna Lukito, MD
                            Eka Harmeiwaty, MD
                            Anastasia Sari S. Mumpuni, MD
                            Yuda Turana, MD
                            Rossana Barack, MD
                            Maruhum Bonar Marbun, MD
                            Aida Lydia, MD

Registration                  Rakhmad Hidayat, MD
                                Avi Sena, MD

Accomodation                  Rarsari Soerarso Pratikto, MD
                                Celly Anantaria, MD

Exhibition, Publication / Audio Visual & Documentation
Adrianus Kosasih, MD
Estu Rudiktyo, MD
Frits RW Suling, MD
## Workshops
- BRM. ArioSoeryo Kuncoro, MD
- Ekawatidani Yulianti, MD
- Maria Riastuti, MD
- Rahmat Hidayat, MD
- Paskariatne Probo Dewi, MD

## Young Investigator Award / YIA
- Saifur Rohman, MD
- Suhardjono, MD
- Arieska Ann Soenarta, MD
- Yuda Turana, MD
- Bonar Marbun, MD
- Tiara Anindita, MD
- Bambang Widyantoro, MD

## Ceremony & Faculty Dinner
- Siska Suridanda Dani, MD

## Triger Quiz
- Antonia Anna Lukito, MD
- Eka Harmeiwaty, MD
- Maruhum Bonar Marbun, MD
- Rossana Barack, MD

## Business Meeting InaSH
- Tunggul D. Situmorang, MD
- Eka Harmeiwaty, MD

## Endorsed by
- Indonesian Society of Hypertension
- Indonesian Heart Association
- Indonesian Neurological Association
- Indonesian Society of Nephrology
PROGRAM AT GLANCE
THE 13\textsuperscript{TH} SCIENTIFIC MEETING ON HYPERTENSION
Sheraton Jakarta Gandaria City Hotel

<table>
<thead>
<tr>
<th>FRIDAY, FEBRUARY 22, 2019</th>
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<tbody>
<tr>
<td>RUBY</td>
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<tr>
<td>WORKSHOP 1 HOW TO RECOGNIZE AND TREAT COMPLICATION OF HYPERTENSION</td>
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Business Meeting - INASH
Saturday, February 23, 2019
19.00 - 21.00
<table>
<thead>
<tr>
<th>Time</th>
<th>Ballroom 1</th>
<th>Ballroom 2</th>
<th>Ruby Sapphire</th>
</tr>
</thead>
</table>
| 08.00 - 09.00| **PLENARY SESSION**  
New Concept of Salt and Blood Pressure                                      |                                                                           |                                                                              |
| 09.00 - 09.30| **OPENING CEREMONY**                                                      |                                                                           |                                                                              |
| 09.30 - 10.00| **COFFEE BREAK**                                                          |                                                                           |                                                                              |
| 10.00 - 11.15| **S 1**  
Management Approach in Acute and Chronic Condition                      | **S 2**  
Sympathetic Drive, Beta Blockers and Hypertension Management              | **S 3**  
Tailored Approach in Hypertension Management                                  |
| 11.15 - 12.15| **LUNCH SYMPOSIUM**  
LS 1  
Diuretics: Looking to The Future With The Latest Evidence and Guidelines in Hypertension | **LS 2**  
Optimizing Blood Pressure Control for Target Organ Protection          | **LS 3**  
Optimizing Cardiovascular Risk Management in Hypertension                   |
| 12.15 - 13.15| **LUNCH**                                                                               |                                                                           |                                                                              |
| 13.15 - 14.30| **S 4**  
Comprehensive Approach in The Management of Cardiovascular Risk of Hypertension | **S 5**  
Hypertension and The Novel Approaches                                      | **S 6**  
Hypertension in Special Condition                                           |
| 14.30 - 15.50| **S 7**  
Pre-Hypertension: Challenge And Approach                                    | **S 8**  
Blood Pressure, Cognition and Cardiovascular Disease                      | **PRELIMINARY ROUND**  
InaSH Trigger Quiz Contest                                                     |

**PROGRAM AT GLANCE**

**SATURDAY, FEBRUARY 23, 2019**

**REGISTRATION**
## PROGRAM AT GLANCE

### SUNDAY, FEBRUARY 24, 2019

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<thead>
<tr>
<th>Time</th>
<th>BALLROOM 1</th>
<th>BALLROOM 2</th>
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<tr>
<td>08.00 - 09.00</td>
<td></td>
<td><strong>PLENARY SESSION</strong></td>
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<td>The Global Challenge of Hypertension</td>
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<td>Population-Wide Blood Pressure Lowering: How</td>
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<td>Can It Be Done</td>
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<td>09.00 - 10.15</td>
<td><strong>S 9</strong> Global Burden of Hypertension</td>
<td><strong>S 10</strong> Clinical Evidence of Beta Blocker in</td>
<td><strong>S 11</strong> Epidemiology for Hypertension</td>
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<td>Cardiovascular Disease</td>
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<td>10.15 - 10.45</td>
<td><strong>COFFEE BREAK</strong></td>
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<td>10.45 - 11.45</td>
<td><strong>LUNCH SYMPOSIUM</strong></td>
<td><strong>LS 4</strong> Current Issues on Blood Pressure</td>
<td><strong>LS 5</strong> From Hypertension to Heart Failure</td>
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<td>Management</td>
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<td><strong>LS 5</strong> From Hypertension to Heart Failure</td>
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<td><strong>LS 6</strong> The Role of Society in Current Medical</td>
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<td>Issues</td>
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<td>11.45 - 12.45</td>
<td><strong>LUNCH</strong></td>
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<td>12.45 - 14.00</td>
<td><strong>S 12</strong> HOW TO SESSION: The Approach to</td>
<td><strong>S 13</strong> The Most Recent Findings in Hypertension</td>
<td><strong>FINAL ROUND</strong> InaSH Trigger Quiz Contest</td>
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<td></td>
<td>Hypertensive Patients</td>
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<tr>
<td>14.00 - 14.15</td>
<td><strong>LAUNCHING OF InaSH CONSENSUS</strong></td>
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<td>14.15 - 14.30</td>
<td><strong>CLOSING CEREMONY</strong></td>
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invited overseas speakers

Alta Schutte, MD, PhD
President of International Society of Hypertension
North-West University / Medical Research Council
South Africa

Akira Nishiyama, MD, PhD
Kagawa University Medical School
Japan

Chia Yook Chin, MD, PhD
Past-president, Malaysian Society of Hypertension
Malaysia

Markus Schlaich
European Society of Hypertension (ESH) accredited
Hypertension Specialist
Australia
INVITED OVERSEAS SPEAKERS

Peter Collins, MD, PhD  
Professor of Clinical Cardiology, Imperial College  
United Kingdom

Claudio Borghi, MD, PhD  
Professor of Medicine, University of Bologna  
Italy

Fred Fändrich, MD, PhD  
Kiel University Hospital  
Germany
WORKSHOPS
Friday, February 22, 2019

Workshop 1
Ruby Room
HOW TO RECOGNIZE AND TREAT COMPLICATION OF HYPERTENSION

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<thead>
<tr>
<th>TIME</th>
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<tbody>
<tr>
<td>08.00 - 08.30</td>
<td>Registration</td>
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<tr>
<td>08.30 - 08.40</td>
<td>Pre Test</td>
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<tr>
<td>08.40 - 09.10</td>
<td>Understanding The Consequences of Hypertension to The Heart</td>
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<td>09.10 - 09.40</td>
<td>Preventing Myocardial Dysfunction in Hypertensive Patients</td>
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<td>09.40-10.00</td>
<td><strong>Coffee Break</strong></td>
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<tr>
<td>10.00 - 10.30</td>
<td>Understanding The Consequences of Hypertension to The Kidney</td>
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<tr>
<td>10.30 - 11.00</td>
<td>Preventing Hypertensive Nephrosclerosis in Hypertensive Patients</td>
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<td>11.00 - 11.30</td>
<td>Understanding The Consequences of Hypertension to The Brain</td>
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<td><strong>11:30 - 13:00</strong></td>
<td><strong>FRIDAY PRAYING &amp; LUNCH</strong></td>
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<tr>
<td>13.00 - 13.30</td>
<td>Preventing Cognitive Decline in Hypertensive Patients</td>
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<td>13.30 - 14.00</td>
<td>Case Discussion</td>
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<tr>
<td>14.00 - 14.10</td>
<td>Post Test</td>
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## Workshop 2  
**Sapphire Room**  
**HYPERTENSION RELATED PROBLEMS AND ITS MANAGEMENT**

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<td>08.00 - 08.30</td>
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<tr>
<td>08.30 - 08.40</td>
<td>Pre Test</td>
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<td>08.40 - 09.10</td>
<td>Hypertension and Atrial Fibrillation: Their Connection and Treatment</td>
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<td>09.10 - 09.40</td>
<td>Hypertension and Obesity: The Spectrum of Metabolic Syndrome</td>
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<td>09.40 - 10.00</td>
<td>Coffee Break</td>
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<tr>
<td>10.00 - 10.30</td>
<td>Hypertension and Erectile Dysfunction: How High Blood Pressure Can Effect Your Sex Life?</td>
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<td>10.30 - 11.00</td>
<td>Hypertension and Sleep Apnea: Are They Related?</td>
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<td>11.00 - 11.30</td>
<td>Hypertension in Pregnancy: The Current Management</td>
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<td><strong>11:30 - 13:00</strong></td>
<td><strong>FRIDAY PRAYING &amp; LUNCH</strong></td>
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<td>13.00 - 13.30</td>
<td>Hypertension in Children and Adolescence</td>
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<td>13.30 - 14.00</td>
<td>Case Discussion</td>
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<td>14.00 - 14.10</td>
<td>Post Test</td>
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### SCIENTIFIC PROGRAM

**Workshop 3**

**Emerald Room**

**GOOD CLINICAL PRACTICE IN HYPERTENSION MANAGEMENT**

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<td>08.00 - 08.30</td>
<td>Registration</td>
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<tr>
<td>08.30 - 08.40</td>
<td>Pre Test</td>
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<tr>
<td>08.40 - 09.00</td>
<td>Opening and welcome speech</td>
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<tr>
<td>09.00 - 09.45</td>
<td>Diagnosing Hypertension, Blood Pressure measurement and Home Blood Pressure monitoring</td>
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<td>09.40 - 10.00</td>
<td>Coffee Break</td>
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<tr>
<td>10.00 - 10.30</td>
<td>Out of Office Blood Pressure - The Optimum Way to Diagnose and Manage Hypertension</td>
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<td>10.30 - 11.00</td>
<td>Guideline in Hypertension and Routine Patient Assessment</td>
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<td>11.00 - 11.30</td>
<td>Hands on (OMRON)</td>
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<td>11:30 - 13:00</td>
<td>FRIDAY PRAYING &amp; LUNCH</td>
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<tr>
<td>13.00 - 13.30</td>
<td>Atrial Fibrillation and Importance of Home Blood Pressure Monitoring</td>
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<td>13.30 - 14.00</td>
<td>Drug Therapy of Hypertension and Resistant Hypertension</td>
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<td>14.00 - 14.30</td>
<td>Case Discussion</td>
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<td>14.30 - 14.40</td>
<td>Post Test</td>
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SCIENTIFIC PROGRAM
Saturday, February 23, 2019

07.00 - 08.00  REGISTRATION

PLENARY SESSION 1  BALLROOM 2
Chair  Emma Syarif Moeis
08.00 – 08.30  MEMORIAL LECTURE:
Prof. DR. Dr. Imam Parsudi, Sp.PD-KGH,
Jose Roesma
08.30 - 09.00  New Concept of Salt And Blood Pressure
Akira Nishiyama, Japan

09.00 - 09.30  OPENING CEREMONY  BALLROOM 2
09.30 - 10.00  COFFEE BREAK

SYMPOSIUM 1  BALLROOM 1
Management Approach in Acute and Chronic Condition
Chair  Ekawatidani Yulianti
10.00 - 10.20  Acute Stroke: How Aggressive Should It Be Treated?
Eka Musridharta
10.20 - 10.40  Hypertension Crisis: The Nowadays Approach
Siska Suridanda Dany
10.40 - 11.00  New Insight in Treatment Choices
Rubin Surachno Gondodipuro
11.00 - 11.15  Discussion

SYMPOSIUM 2  BALLROOM 2
Sympathetic Drive, Beta Blockers and Hypertension Management
Chair  Rully M. A. Roesli
10.00 – 10.20  Sympathetic Drive and Vascular Damage in Hypertension and
Atherosclerosis
Manfaluthi Hakim
10.20 – 10.40  Addressing Challenges in Hypertension and Related Comorbidities:
A look at Nebivolol, a Vasodilating Beta-Blocker
Peter Collins, UK
10.40 – 11.00  Insight from SENIORS Trial: Can We Do More in Heart Failure
Patients?
Siti Elkana Nauli
11.00 - 11.15  Discussion
## SCIENTIFIC PROGRAM

### SYMPOSIUM 3
**Tailored Approach in Hypertension Management**

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<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>10.00 – 10.20</td>
<td>Pathophysiology Hypertension: The Basics for Treatment</td>
<td>Wiguno Prodjosoedjadi</td>
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<tr>
<td>10.20 – 10.40</td>
<td>Lifelong Benefits of ACE Inhibitor on Prevention of Cardiovascular Diseases</td>
<td>Hananto Adriantoro</td>
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<td>10.40 – 11.00</td>
<td>Where is the Place of Lercanidipine in Hypertension Treatment?</td>
<td>Aida Lydia</td>
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<tr>
<td>11.00 - 11.15</td>
<td>Discussion</td>
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### LUNCH SYMPOSIUM 1
**Diuretics: Looking to the Future with the Latest Evidence and Guidelines in Hypertension**

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<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>11.15 - 11.35</td>
<td>What’s New from Sodium Metabolism in Hypertension Management?</td>
<td>Pranawa Martosuwignyo</td>
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<td>11.35 - 11.55</td>
<td>Why Should Thiazide-Like Diuretics Be Preferred in Hypertensive Patients?</td>
<td>Claudio Borghi, Italy</td>
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<td>11.55 - 12.15</td>
<td>Discussion</td>
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### LUNCH SYMPOSIUM 2
**Optimizing Blood Pressure Control for Target Organ Protection**

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<th>Time</th>
<th>Session</th>
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<tr>
<td>11.15 - 11.35</td>
<td>Stroke Prevention in Atrial Fibrillation</td>
<td>Antonia Anna Lukito</td>
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<td>11.35 - 11.55</td>
<td>Does Calcium Channel Blocker Protect Hypertensive patients with Cardiovascular Risk?</td>
<td>Arieska Ann Soenarta</td>
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<td>11.55 - 12.15</td>
<td>Discussion</td>
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LUNCH SYMPOSIUM 3

Optimizing Cardiovascular Risk Management in Hypertension

Chair: Airiza Achmad

11.15 - 11.35 How to Modulate Immune Activation to Treat Hypertensive Patients
Fred Fändrich, Germany

11.35 - 11.55 Hyperuricemia in Hypertension: Can It Be Regarded as A Risk Factor?
I Ketut Suwitra

11.55 - 12.15 Discussion

12.15 - 13.15 LUNCH

SYMPOSIUM 4

Comprehensive Approaches in the Management of Cardiovascular Risk of Hypertension

Chair: Achmad Fauzi Yahya

13.15 - 13.35 Choosing the Right Drugs for the Right Patients: The Future Perspective
I Gde Raka Widiana

13.35 - 13.55 How to Improve Patient’s Compliance
Dodik Tugaswara

13.55 - 14.15 The Prove of the Pudding for Combination Theraphy
Afiatina

14.15 - 14.30 Discussion

SYMPOSIUM 5

Hypertension and The Novel Approaches

Chair: Endang Susalit

13.15 - 13.35 Dilutional Hyponatremia: The Most Recent Approach
Suhardjono

13.35 - 13.55 The Role of Sympathetic Nervous System Activation in Cardiovascular Disease
Markus Schlaich, Australia

13.55 - 14.15 Novel Biomarkers to Detect Target Organ Damage in Hypertension
Aryatama

14.15 - 14.30 Discussion
SYMPOSIUM 6
Hypertension in Special Condition
Chair: Erwinanto
13.15 - 13.35 Effects of SGLT2 Inhibitors on Blood Pressure and Renal Injury
Akira Nishiyama, Japan
13.35 - 13.55 Hypertension Management in Cerebrovascular Disease: Secondary Prevention
Eka Harmeiwaty
13.55 - 14.15 Hypertension in Chronic Kidney Disease
Zulkhair Ali
14.15 - 14.30 Discussion

SYMPOSIUM 7
Prehypertension - Challenge and Approach
Chair: Freddy Sitorus
14.30 - 14.50 Predictive Value of Biomarkers of Fibrosis for the Development of Hypertension and Cardiovascular Disease
Saifur Rohman
14.50 - 15.10 Prehypertension: Estimation of Risk and Mechanism
Adrianus Kosasih
15.10 - 15.30 Prehypertension Treatment: Who, Which and When?
Ni Made Hustrini
15.30 - 15.50 Discussion

SYMPOSIUM 8
Blood Pressure, Cognition and Cardiovascular Disease
Chair: Djoko Wibisono
14.30 - 14.50 Hypertension: The Early Detection of Cardiac Involvement
Celly Anantaria
14.50 - 15.10 Hypertension and Cognitive Impairment: Epidemiological Studies and Emerging Opportunities
Yuda Turana
15.10 - 15.30 The Current Challenges in Dementia
Diatri Nari Lastri
15.30 - 15.50 Discussion
SCIENTIFIC PROGRAM

Sunday, February 24, 2019

PLENARY SESSION 2

Chair: Asikin Hanafiah

08.30 - 09.00 Cardiovascular Risk in Low Resources Settings and Implication for Indonesia
Rully M. A. Roesli

09.00 - 09.30 The Global Challenge of Hypertension
Population-Wide Blood Pressure Lowering: How Can It Be Done?
Alta Schutte, International Society of Hypertension

SYMPOSIUM 9

Global Burden of Hypertension

Chair: Tunggul D. Situmorang

09.30 - 09.50 Addressing the Global Burden of Hypertension
Alta Schutte, International Society of Hypertension

09.50 - 10.10 The New Hypertension Guideline and Its Consequences on CVD Prevention Implications
Anwar Santoso

10.10 - 10.30 HOPE-Asia Network: How can Asian Countries Contribute?
Chia Yook Chin, Malaysia

10.30 - 10.45 Discussion

SYMPOSIUM 10

Clinical Evidence of Beta Blocker in Cardiovascular Disease

Chair: Abdulbar Hamid

09.30 - 09.50 Pathogenetic Mechanism from Hypertension to Vascular Disease
Ria Bandiara

09.50 - 10.10 Translating Evidence Based of Beta Blocker in The Most Recent Guidelines
Lestariningsih

10.10 - 10.30 Which Beta-Blocker is Appropriate in Cardiovascular Disease?
Erwinanto

10.30 - 10.45 Discussion
SYMPOSIUM 11
Epidemiology for Hypertension
Chair: Adre Mayza

09.30 - 09.50
The Policy and Challenges of Hypertension Control in National Health System
Cut Putri Arianie, KEMENKES

09.50 - 10.10
Community Health Perspective on Primary and Secondary Prevention of Hypertension; What We Have Learned From The Jatinangor Study
Yulia Sofiatin

10.10 - 10.30
The Role of Genomic in Metabolic Diseases
Sidartawan Soegondo

10.30 - 10.45
Discussion

10.45 - 11.15
COFFEE BREAK

LUNCH SYMPOSIUM 4
Current Issues on Blood Pressure Management
Chair: Muhammad Kurniawan

11.15 - 11.30
Out-of-Office Blood Pressure Monitoring: From Evidence Based to Guideline
Paskariatne Probodewi

11.30 - 11.45
Which Should Be the Target of Blood Pressure Control? The Mean, Morning or Night Blood Pressure?
Chia Yook Chin, Malaysia

11.45 - 12.15
Discussion

LUNCH SYMPOSIUM 5
From Hypertension to Heart Failure
Chair: Tiara Anindita

11.15 - 11.30
Patient Tailored Treatment for Early Blood Pressure Control
Yenny Kandarini

11.30 - 11.45
ARNI, One Molecule with Two Action
Nani Hersunarti

11.45 - 12.15
Discussion
SCIENTIFIC PROGRAM

LUNCH SYMPOSIUM 6
The Role of Society in Current Medical Issues
Chair: Anwar Santoso
11.15 - 11.30 TBA
11.30 - 11.45 TBA
11.45 – 12.00 Lipid: The Most Recent Guidelines
Renan Sukmawan
12.00 - 12.15 Discussion

12.15 - 13.15 LUNCH

13.15 - 15.00 YOUNG INVESTIGATOR AWARD

SYMPOSIUM 12
How to Session: The Approach to Hypertensive Patients
Chair: Rossana Barack
13.15 - 13.45 How Hypertension is Diagnosed: A Step to Understanding
(Followed by Case Presentation)
Amanda Tiksnadi
13.45 - 14.15 Hypertension Treatment and Management: An Approach
Consideration (Followed by Case Presentation)
A. Sari S. Mumpuni

SYMPOSIUM 13
The Most Recent Findings in Hypertension
Chair: Yuda Turana
13.15 - 13.30 May Measurement Month (MMM): Indonesian Experience
Bambang Widyantoro
13.30 – 13.45 Blood Pressure Variability and The Implication on
Hypertension Treatments
Rahmat Hidayat
13.45 – 14.00 Are There Any Differences in the Most Recent Hypertension
Guidelines?
BRM Ario Soeryo Utomo
14.00 – 14.15 Discussion
14.15 - 15.00
InaSH CONSENSUS LAUNCHING AND DISTRIBUTION
Antonia Anna Lukito

15.00 - 15.30
CLOSING REMARK AND DOOR PRIZE
CALL FOR ABSTRACT & VIA

YOUNG INVESTIGATOR AWARD
13th InaSH Meeting 2019

CALL FOR ABSTRACT

Call for Abstract Submit Your Abstract and Get Published..!!

The 13th Scientific Meeting on Hypertension committee invites you to submit your abstracts of original research which are related to the main topic of the congress or the hypertension field. The Scientific Abstract Reviewer Committee will evaluate and select the abstracts based on quality, clarity and relevance on the main topic or hypertension field.

ABSTRACT SUBMISSION & GUIDELINES

General Policies
1. All abstracts must be prepared according to the correct format and requirements. Submissions will be returned to the author if not in the correct format and should be resubmitted to the committee with the exact format.
2. Abstracts submission will only be received online through The 13th Scientific Meeting on Hypertension or email: scientific@inash.or.id or inash@inash.or.id
3. Faxed or mailed hard-copy abstract or abstract sent on disc/CD will not be accepted.
4. There will be no limit to the number of abstracts for an author to submit.
5. The Scientific Abstract Reviewer Committee will evaluate and select all abstracts for Oral, Poster and Moderated Poster Presentations.
6. Notification of abstracts acceptance will be given to the presenting authors via email at the latest on January 10, 2019.
7. All presenting authors, whose abstracts are accepted, must be paid registrants. Abstracts will not be processed until an abstract registration fee has been received.
8. Best oral and poster presentation will be announced and rewarded in the congress on February 24, 2019

Abstract Format Guidelines
A. Language English (Clear with accurate grammar and spelling of a quality suitable for publication).
B. Title Abstract titles should be concise and should not contain abbreviations.
CALL FOR ABSTRACT & VIA

Please use Title Case and make sure to bold the entire title. Example: Title of Abstract (Times New Roman, Bold, Size 14, Flush center)

C. Author First name (s) or initials of first name (s) followed by family name. Affiliation details of all authors: Department; institution/hospital; city; country.

Example:
Presenting Author¹, Co-author², Co-author³ (Times New Roman, Size 12, Flush center, Underline Presenting Author)
¹ Institution of Author, ² Institution of Author, ³ Institution of Author (Times New Roman, Size 12, Flush center)

D. Body
1. Supported file format is Microsoft Word.
2. Font: Times New Roman, size: 11 in single line spacing. Except for the first line, the text should be indented from the left margin by 10 mm.
3. Abstracts must not exceed a 250 word limit. The word limit relates only to the text of the abstract and does not include title, authors and institutions.
4. The abstract should be concise and present the background, objective, method, result and conclusion.

YOUNG INVESTIGATOR AWARD
1. The YIA will be awarded to young or non-established investigators.
2. Age of applicants is less than 40 years old.
3. All applicants of YIA must submit an abstract (indicated as YIA) to be presented in the 13th InaSH Meeting.
4. The committee will evaluate the oral presentations and select the winner.
5. The winner will be announced and rewarded during the 13th InaSH Meeting closing ceremony on February 24th, 2019
**Requirements:**
* SPECIAL for GP
* 1 group consists of 4 persons
* Each group may be from 1 or different institutions
* All group members should be registered as participant
* Limited groups for competition, First Come First Served

**FREE Registration for InaSH 2020,**
**Certificate and Prizes For 3 Group Winners..!!**

**FOR REGISTRATION & MORE INFORMATION**
Please contact the secretariat InaSH:
InaSH House
Jl. Danau Diatas No.81, Bendungan Hilir - Jakarta Pusat 10210
Telp.: (62-21) 573.4978    Email: inash@inash.or.id
13th SCIENTIFIC MEETING OF
INDONESIAN SOCIETY OF
HYPERTENSION 2019

February 22 - 24, 2019
Sheraton Grand Gandaria City Jakarta

Abstract Submission Deadline 5 JAN 2019

CALL FOR ABSTRACT

Scientific@inash.or.id
Inash@inash.or.id

• Selected abstracts will be PUBLISHED ONLINE in
  JOURNAL OF HYPERTENSION (Official Journal of ISH & ESH)
• Prizes for Best Abstracts (Posters & Moderated Posters)
• Support for Best YIA to APCH Brisbane 2019

Sekretariat InaSH
InaSH House, Jl. Danau Diatas No.81,
Bendungan Hilir, Jakarta Pusat 10210
Phone: (62-21) 573.4978  Email: inash@inash.or.id
THE INASH 2019 HIGHLIGHTS

Result of May Measurement Month by INASH

"May Measurement Month (MMM): Indonesian Experience"

Sunday, February 24, 2019
13.15 WIB
Ballroom 2, Sheraton Jakarta Gandaria City Hotel

Sekretariat InaSH
InaSH House, Jl. Danau Diatas No.81
Bendungan Hilir, Jakarta Pusat 10210
Phone : (62-21) 573.4978
Email : inash@inash.or.id
scientific@inash.or.id
Update Konsensus Hipertensi InaSH 2019

Sunday, February 24, 2019 // 14.15 WIB
Ballroom 2, Sheraton Gandaria City Hotel Jakarta

INDONESIAN SOCIETY OF HYPERTENSION
Perhimpunan Dokter Hipertensi Indonesia
Welcome to InaSH Online Certification Program

Soft Launching @ InaSH 2019

Support by: SOHO Global Health

CONTACT US

Sekretariat InaSH
Jl. Danau Diatas Blok G III No. 81, RT.012/RW.3, Bendungan Hilir, Tanah Abang, Kota, Jakarta Pusat, Daerah Khusus Ibukota Jakarta 10210

(+62 21) 573 4978
inash@inash.or.id
http://www.inash.or.id/

Indonesian Society of Hypertension
REGISTRATION FORM

Receipt Date: | Registration Number:

**Registration via: http://registrasisymposium.com/inash2019**

Please type or print in BLOCK LETTER and tick (√) where applicable

- ☐ Prof  ☐ Dr  ☐ Mr  ☐ Mrs  ☐ Ms

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**Registration Fee**

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<th>Start on January 1, 2019</th>
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<td>WORKSHOP On Friday Feb 23, 2018</td>
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**Bank Account:**

- Bank Mandiri KCP RS Harapan Kita Jakarta
- a/n Annual Scientific Meeting of InaSH
- Acc Number: 117-00-0690255-5
- SWIFT Code: BMRIIDJA

**Policy of Registration:**

- Starting from **January 12, 2019**, we can only accept changing or substitution of the Participant names and there will be no refund for any registration payment.
- Starting **February 1st, 2019**, we will no longer accept for any changing or revision of participant’s data.
Registration via ADMIN@INASH.OR.ID

Please type or print in BLOCK LETTER and tick (√) where applicable

Prof  Dr  Mr  Mrs  Ms

First Name: Surname:

Occupation: Specialist  General Practitioner  Nurse
Student  Accompanying Person (Non Medic)

Institution:
Mailing Address:
City / Zip Code: Phone: Fax: E-mail:

Sponsor: Contact Person: Phone:

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### Grand Sheraton Jakarta Gandaria City Hotel

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<th>Room Type</th>
<th>Room Rate net / night (incl. breakfast)</th>
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### Grand Mahakam Hotel Jakarta

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Bank Account: Bank Mandiri KCP RS Harapan Kita Jakarta
Acc Number: 117- 00- 0690255-5
SWIFT Code: BMRIIDJA

Policy of Reservation Hotel:

- All cancellations or substitution of reservation must be notified in writing to the 13th InaSH Annual Meeting Secretariat before **January 18, 2019**
- There will be no refund all cancellation from **February 18, 2019**
- Please contact the 13th InaSH Annual Meeting Secretariat for name replacements, changes of the Room type and notifying check in / out date of hotel reservation prior to **February 18, 2019**